Horseradish Suace

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SERVINGS: 16

NUTRITIONINFO (1 T. per serving):

Calories — 29 Fat — 3 g Protein — >1 g Carbs — 1 g Fiber — 0 g Net carbs — 1 g

Nutrition has been calculated using the MyFitnessPal recipe calculator.

INGREDIENTS

½ C. sour cream

2 T. prepared horseradish

2 T. mayonnaise

1 tsp. lemon juice or apple cider vinegar

¼ tsp. garlic powder

¼ tsp. salt

1/8 tsp. black pepper

DIRECTIONS

Combine all ingredients in a medium mixing bowl.
Cover and store in fridge.